



**Generative Kampfkünste
(Live Performance)**

Topic: Art, Generative Design, Teaching

Author(s):

labora media
Germany
www.labora.media

Abstract

“labora media” is a group of artists and their mobile laboratory to create interactive media in real time with their own developed instruments, as independent as possible.

“Generative Kampfkünste” or in English “Generative Fighting Arts” is a generative concept of using universal code of practice, individual skills and situational opportunities to defend yourself or others against destructive interaction in daily or extreme situation.

Based on generative designed lessons, the trainer set up steps of practice by selecting themes, place, training partners, usable skills and weapons, tempo and duration.

steps of practice :

- basic exercise : Training modular part of healthy and protective movement without challenging
- free exercise : Training and combining movement with clear roles of attacker and defender
- free fight : Using trained skills to prevent, control and finish possible attacks of all fighting partners

Following this respectful way, students learn to explore, train, verify, evolve and also teach individually physical and mental skills of themselves and their partners.

This extensive construction of unpredictable situations and behaviour let people train as realistic as possible and let them create and express their own peaceful art of fighting.

info@labora.media

Key words: self defence